



Non-Medical Face Mask

HEALTH AND SAFETY BULLETIN

WHO should wear a mask?

Wearing a non-medical mask (for example a homemade cloth mask) in the community is an additional measure you can take to protect others around you. It has not been proven to protect the person wearing it. Medical masks and respirators (like N95 masks), must be kept for health care workers and others providing direct care to COVID-19 patients.

WHEN to wear a non-medical face mask?

To prevent transmission by people who are unknowingly infected with the virus Canada's Chief Public Health Officer has advised that wearing a face mask may help cut down the spread of the novel coronavirus when you are in situations where you can't always maintain proper physical distance (6 feet) from others. These settings include grocery stores and pharmacies.

WHY do I still need to stay at least 6 feet away from people if wearing a non-medical mask?

A non medical mask is not intended to protect the wearer, but it may prevent the spread of virus from the wearer to others by preventing their respiratory droplets from contaminating others or landing on surfaces. This would be especially important if someone is infected but does not have symptoms. Since the wearer is not protected, they must stay at least 6 feet away from other people and strictly adhere to good hygiene.

HOW does a cloth mask protect against COVID-19?

Wearing a non medical mask is an additional public health measure people can take to reduce the spread of COVID-19. Health Canada still recommends that you stay at least 6 feet away from other people and strictly adhere to good hygiene and public health measures, including frequent hand washing and physical (social) distancing.

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HEALTH AND SAFETY QUESTIONS OR CONCERNS?

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